From The Principal …

Departing Teachers
Johanna Long, Hayden Ryan, Tegan Cotterill, and Rachel Valent will be leaving Mundubbera State P-10 this year for other pastures. The incredible work and the relationships that these teachers have built over the time here will be sorely missed. Each teacher has brought something different to the students at Mundubbera and the wider community.

From the whole school community, can I thank you for your dedication and commitment to improving the outcomes for all of our students and working so well in our team. The schools that you are moving to are very lucky to be getting such committed teachers.

Class Compositions 2013
Next week (Week 10) the proposed class lists for 2013 will be advertised. It is important to note that these are proposed lists and may be subject to change, depending on new student enrolments in 2013. Remember that some classes will be composite. Also a correction on last week’s newsletter, at this stage the year 1 class will be a stand-alone class not composite with year 2.

Student Leaders 2013
All 6 prospective school captain candidates have shown great leadership and confidence in their speeches last Friday at the school parade and also on a visit to Boynewood State School. The group of four captains will be notified this week and wider school community will be advised in next week’s newsletter.

- Peter Townsend.
PREP TO YEAR 6 FUN SWIMMING CARNIVAL
The fun carnival will be held next Monday 10 December from 9am to 11am at Mundubbera Pool. There will be no cost.
Planned program is below:
♦ Prep to Year 2 and non-swimmers will participate in Across the Pool events
♦ Years 3 to 6 will have deep water competitions
♦ Prep to Year 6 will have 25 metre races
♦ Non-swimmers will have bucket races
Students should be dropped at the pool between 8.30 and 9am.
Bus children will be dropped at the pool instead of school that day.
All students will be transported back to school by bus at no cost.
The pool canteen will be open for morning tea.
Please apply sunscreen to children before they arrive at the pool. Sunscreen will be reapplied during the morning.
Children should bring swimming gear, hat, sunscreen and a small water bottle.
Permission notes have been distributed and should be returned by tomorrow.

TUCKSHOP IS FINISHED FOR THE YEAR
Today’s was the last tuckshop for the year.
Thanks to all volunteers and special thanks to convenor Marcia and co-ordinator Ros who have given and worked above and beyond what should be expected on many occasions throughout the year. Quite apart from the general tuckshop operation, they have catered for many meetings including the district teacher professional development day with over 200 attending. This has meant that tuckshop has generated a good income for the P & C, helping its aim to support the school and students.

THIS WEEK IS THE LAST WEEK FOR BREAKFAST CLUB
It is not expected that breakfast club will operate next year. It was made possible by a donation from Mundubbera Multi-purpose Health Scheme (Hospital) towards our healthy start project and was operated by volunteer workers. This was a great commitment from all to give those children who needed it a “top-up” before school started. Thanks to all who helped.
Parents are asked to please ensure children bring extra food in future if they have been making use of breakfast club.

SCHOOL CAROLS NIGHT TONIGHT
This is a great social night out so please bring your friends.
The event in Marg Kelly Hall will commence with a barbecue from 5.30 and performances will begin at 7pm.
There will be a multi-draw raffle, thanks to generous donations.
During the night Minties will distributed to some students as part of the entertainment. Should your child not enjoy Minties they may bring theirs to school tomorrow and see Mr Van Elst about swapping for another reward.
INSTRUMENTAL MUSIC

**Gig Guide:**

*TONIGHT School Carols Night*

Our final performance for the year will be at the School Christmas Carols evening to be held tonight in the Marg Kelly Hall. The band will perform at 6:30pm, before the official opening of the night’s proceedings. Beginner band students are welcome to participate in this performance also. All students may wear free dress.

**SCHOOL INSTRUMENTS**

All school instruments must be returned now so that they can be serviced ready for next year’s beginners.

All band uniform shirts must be returned to myself or the office immediately. Please ensure that your child’s name is left with the shirt so that we can tick you off as having returned it.

Continuing students have received information regarding the hire or purchase of instruments for next year. Please contact me if you have any questions about this process.

- Kirsty McGovern

**2013 INSTRUMENTAL MUSIC PROGRAM PARTICIPATION**

We have had a very enthusiastic response to our recruitment process for 2013 with 28 interested children having interviews. Students will be notified this week of their acceptance to the program. Enrolment and Instrument hire forms should be returned as soon as possible.

**SECOND HAND INSTRUMENTS**

Any families who have musical instruments that they would like to sell, are encouraged to contact the office with details so that we can pass this information on to relevant students.

**SECOND HAND UNIFORMS**

Donations of used uniforms to the P & C would be very welcome as we often have enquiries for these. Please send unwanted uniforms to the school office. If you wish to be paid for them, please pin a tag with name and price on the clothing.

**SCHOOL CAMPS—2013**

School camps planned for next year are as follows:

- Year 9/10 Camp—12-15th March—Stradbroke Island—max. $200

**EARTHQUAKE STUDY**

Did you feel it? Whether or not you noticed our little earthquake, you are requested to complete and return the survey that was distributed today. We will collate the responses and send them to the seismology study group in one batch.

Thanks for your assistance with this.
DATES TO REMEMBER

**TONIGHT**  Carols night at school

Monday 10 December  P-6 Fun swimming carnival

Friday 14 December  Last day of school 2012

Tuesday 29 January  First day of school for 2013

29 January to 28 March  Term 1

12 to 15 March 2013  Year 7/8 camp at Riverside Retreat, Bundaberg (max $285)

12 to 15 March 2013  Year 9/10 camp at Stradbroke Island (max $200)

15 April to 21 June  Term 2

Thursday 25 April  ANZAC Day (holiday)

Friday 10 May  Mundubbera Show Holiday

Monday 10 June  Queen’s Birthday Holiday

8 July to 20 September  Term 3

6, 7 & 8 September 2013  School Centenary Celebrations

Monday 7 October  Labour Day Holiday

8 October to 13 December  Term 4

Monday 21 October  Pupil free day

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**GET OUTSIDE!**

“Go Attenborough” throughout the Christmas holidays in your own backyard with daily experiments and activities from BIEDO Community Gardens. Everyone is welcome to enter discussions and add their results and observations. Like us or add us to your interests via Facebook [http://www.facebook.com/biedocommunitygardens](http://www.facebook.com/biedocommunitygardens)

For more information contact Tamara:

[biedogarden@burnet.net.au](mailto:biedogarden@burnet.net.au)  Ph: 4157 2085

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**CALENDARS FOR SALE**

Centenary commemorative 2013 calendars and biros are available from the school office as a set, costing $5. These can be purchased now.

The calendars are a month to an opening and feature Australian scenic photos, and the tag-line: Mundubbera State P-10

1913—2013

Please make any cheques for this payable to Mundubbera State School P & C.

An order form is included in this newsletter.

We are looking forward to an enjoyable Carols Night at school tonight … barbecue 5.30, band at 6.30 and class entertainment from 7pm.
Expressions of interest being taken for Mundubbera 'Music on the Wall' CRAFTY KIDS Art Workshops - 17 & 18 January.
Ages 8-14 (Creating Cartoon T-shirts, Painted Fabric Bags & Canvas Paintings)
Ph/Text: 0427 551 973  Email: musiconthewall@yahoo.com.au
Workshops confirmation dependent on numbers so please enquire asap.

FOR SALE
Flute $200—Yamaha F100 AS II
Trampoline $70
Game Boy & 3 games $12
Tennis Racket, Dunlop, barely used $50
Taekwon Do Uniform $18, can fit 7 to 10 years
Bunk bed with one mattress $15
Girl’s swimming togs, Speedo size 12-14, $5
DS Nintendo games: Scooby Do $8, Riding Star $8
Phone 0409 741 056

The Gayndah Art Gallery will be closed over the Christmas/New Year period from Monday, December 24th 2012 to Tuesday, January 1st 2013.

MUNDUBBERA REGIONAL ART GALLERY
NOW SHOWING “Pieces of Labour”
by the Mundubbera Lemon Quilters

Gallery Open
Monday to Friday
10am to 12.30pm and 1.30pm to 4.30pm
Saturday 9am to 12 noon
Excepting public holidays

Check our webpage https://mundubbess.eq.edu.au for information and news from the school.

MUNDUBBERA CHRISTMAS IN THE PARK
Friday 14 December
Martin Love Oval
Free entry
Entertainment, amusement rides, bar, food stalls, face painting, raffles, and much more.
BYO chairs
Special visit by Santa around 7pm
Fireworks around 8.15pm
Hosted by Mundubbera Kindergarten

MUNDUBBERA SCHOOL CAROLS
NIGHT TONIGHT
Family Night out
BARBECUE AT 5.30
BAND AT 6.30
CLASS ACTS FROM 7PM

NEW!! NOW IN STOCK
ONE DIRECTION
Note Books,
A4 Binders,
Pencil Cases,
Secret Diary, Pens & Pencils Sets
HURRY, YOU DON’T WANT TO MISS OUT!

MUNDUBBERA
Phone 4165 4180

IGA
Monday – Friday: 7am – 7pm.
Saturday & Sunday: 7am – 4pm
Helping kids unwind … Nothing wrong with kids being busy as long as they have plenty of chances to relax and unwind.

Modern kids are busy kids. Regardless of age, their days are filled with activities. Under fives do a range of adult-initiated learning activities designed to give them the best start to their learning lives. School-aged kids have a huge range of leisure and after-school activities to choose from. It is not uncommon for kids to have four and five extra-curricular activities a week. Nothing wrong with kids being busy as long as they have plenty of chances to relax and unwind. Relaxation is a key to good mental health and well-being. It is an important life skill for kids to learn.

Balance busyness with boredom

One way to ensure busy kids unwind is to make sure kids get bored every so often. There is a temptation to fill kids’ days with activities so that no time is wasted. “I’m bored!” is the last thing most parents want to hear their kids say. Many parents feel compelled to do something to alleviate a child’s boredom. There is nothing wrong with a little boredom now and then. Boredom can be good for kids’ mental health and well-being, giving them the chance to muck around and take it easy for a time.

Here are 5 ideas to help you unwind your kids:

1. Let your kids regularly “stare into the fire”.

Ever sat around a camp-fire and stared at the flames? If so, you will know how calming it is. No exertion! No need to think! No need to talk to anyone! Just a chance to chill-out and relax. The TV is the modern version of the camp-fire. Yep, TV used in this way is good for kids’ mental health.

2. Let kids exercise without rules.

Kids are the kings and queens of play. Always have been. Until lately that is, when their lives have become highly organised and scheduled. Free, child-initiated play is the ultimate in relaxation. Fun games, games with few rules and games that kids control help them to unwind.

3. Let kids experience flow.

Flow is a state we get into when we are so engrossed in an activity that time disappears. It is the ultimate unwind. We get flow when we pursue our passions so encourage teens to find activities that they truly love and get lost in. Free play generally takes young children to flow very quickly so opportunities for unstructured play are essential.

4. Help kids calm down around bedtime.

Have a bedtime routine that calms kids down rather than winds them up. You can become part of this routine by reading books, telling nursery rhymes, providing soothing back rubs and other ways.

5. Unwind with your kids.

When I was young the best times I had with my dad were spent in the backyard playing cricket. Sounds like a cliché I know. It was fun because it was never a chore for him. He loved it as it was a chance for him to unwind after work. Find ways you can unwind and rejuvenate with your kids. We want our kids to be busy and involved rather than inactive and apathetic. However, activity needs to be balanced with unscheduled time so that perspective as well as everyone’s sanity is maintained.

Michael Grose Presentations PO Box 167 Balnarring Vic 3926 p + 61 3 5983 1798 f (03) 5983 1722 facebook.com/michaelgroseparenting twitter.com/michaelgrose parentingideas.com.au
Thank You
On behalf of the Blue Light Committee, We would like to personally thank each and every one who volunteers and contributes to the Blue Light Discos. Our NON–PROFIT organisation is run solely by Parents and members from the community. These events would not be successful without your help. Your generous gift of time and assistance helps us to organise the Discos for the children.
The Disco for Daniel was very successful and from the Blue Light disco on Friday night, we are donating $400.00 to the foundation.
Thank you to Mundubbera Butchers for donating the sausages and Ros for donating the pool and her time, and to everyone who came and helped us raise money for such a worthy cause.
Thank you to the children for attending our discos throughout the year, we hope you have enjoyed them. If you have any ideas for themes we would love to hear from you so we can make them fun for all of you.
Thank you to the schools for allowing us to advertise in the school newsletters and the shops for putting up our flyers.
We would like to wish all families and community members a very merry Christmas and hope you all have a safe and happy holiday season. We will start the discos again early next year, so keep a look out in the newsletters and for the flyers.
Merry Christmas from The Blue Light Committee.

SECOND ANNUAL ART SALE
50 paintings by multi award winning artist Sue Lederhose. All reduced by 50% or more. Great gift ideas. Sale concludes 22 December
View by appointment at 20 Mahoney St, Mundubbera. Phone 4165 4346
lederhos@tpg.com.au
Special discounts for multiple buys and returning customers

FREE PRESENTATION
GREAT GADGETS FOR INDEPENDENT LIVING
8.30am tomorrow at MCDA 69 Stuart Russell Street, Mundubbera
Come and check out the LifeTec display of useful tools for those who have mobility difficulties.

Eidsvold SS P & C SANTA FAIR
Where: Apex Park, Eidsvold
When: Saturday 8 December
From 5.30 pm to 8pm (approx)

SCHOOL HOLIDAY DROP-IN AT THE BIG SHED
Run by David Maynard Mundubbera Baptist Church Program
Opening Day 15 December 2012 at the Big Shed, Archer Park.
9am start. Free barbecue for lunch from 11am. Plenty to do.
Free barbecue dinner from 6.30 pm.
From 7pm there’s a movie on the big screen, and popcorn.
Blue Card volunteers still needed. Call 0487 933 942 if you would like to help.

The drop-in centre gives kids the opportunity to just come down to Archer Park ex-girl guide hall to have something to do over holidays. There will be board games, cricket, touch football, pool table, table tennis, movie nights with popcorn, arts and crafts days and healthy eating program. The drop-in will be open from 9am most days. There will also be a police v kids pool comp held.