From The Principal …

Life Education
Primary students enjoyed their visit with Harold and Kathy from the Life Education Program.
We trust that the information they received from these lessons will generate good quality family discussions at home.
Your support of the Life Education fundraising merchandise and donation programs is appreciated.

BP Grant in Good Hands
BP representative Brian de Bruyn visited the school’s agriculture department yesterday to have a look at the progress the school had made with the $10 000 grant earlier this year. He was impressed with the start of the Cooroola Angus Stud herd and the dedication the students had shown towards the project. Mr de Bruyn was very impressed with the school in general, saying that he enjoyed visiting country schools in his role as External Affairs Manager for BP.

Dragon Readers
It is great to see a very large number of students being successful with their dragon readers this term. This is a measure of how many recorded blocks of reading that each student does over the year. Keep up the good work and meeting the benchmarks. If you would like to see how successful our students are, come and visit the Library and our giant dragon.
Record Breakers
Well done to the students for their persistence in setting new records at the primary interhouse swimming carnival.

Mobile phone recycling
A very big thank you to everyone who handed in their old mobile phones. We recycled 137 phones and for our efforts we received an iPad for our students.

National Recycling Week
We are revisiting our current recycling plan that is undertaken at school and looking for further ways to decrease our carbon footprint. Well done to both primary and secondary for their efforts in separating their lunch rubbish.
- Peter Townsend.

BLUE DO DAY TOMORROW
Please wear blue appropriate non-uniform clothing or have crazy hair tomorrow to support Diabetes Day.
Gold coin donations will be collected from those in “free dress”.

PREP & YEAR 1 EXCURSION
Students in Prep and Year 1 attended a reading tent activity in the Town Library park yesterday.
It was great fun taking part in some art and craft activities and watching the library staff act out the “Wonky Donkey” book.
Thanks to library staff and the MCDA Family Support Program for arranging this event. Their reading tent is beautiful.
**SOLAR ECLIPSE VIEWING**

Yesterday’s solar eclipse proved very interesting for those who arrived early for the school “viewing” opportunity. For safety reasons, it was decided not to use the small viewing glasses but to use the solar scope given to the school by Bruce Serisier for the Transit of Venus viewing earlier this year.

Our group viewed a good-sized screened reflection of the actual eclipse without the risk of eye damage. It was very impressive.

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**CALENDARS FOR SALE**

Centenary commemorative 2013 calendars and biros are available from the school office as a set, costing $5. These can be purchased now.

The calendars are a month to an opening and feature Australian scenic photos, and the tag-line: Mundubbera State P-10 1913—2013

Please make any cheques for this payable to Mundubbera State School P & C. An order form is included in this newsletter.

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**WEDNESDAY LUNCH ART ACTIVITIES**

Students are invited to take part in art activities in the Prep Room each Wednesday lunch time.

Next Week — Art Breakup activities

No lunchtime art activities during weeks 8 and 9 due to swimming.

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**INSTRUMENTAL MUSIC**

*Gig Guide:*

6th December School Carols Night

We have begun recruiting for next year’s program. Any students from grade 3 (2012) up are welcome to submit an “expression of interest” form by Monday of next week at the latest. Extra forms are available from the office if needed. Please watch this space for further updates on the recruitment process.
OUTSTANDING LEVIES
Invoices have been sent home this week relating to outstanding levy payments for the 2012 school year. It would be appreciated if these could be paid as soon as possible. If you wish to discuss payment options, please contact the school office.

ACTIVE AFTER SCHOOLS PROGRAM
Final session this year will be on Monday 3 December. This will be a Christmas celebration. Any child who has attended AASC throughout the year is welcome to attend the break-up. There is no need to bring any food as this will be provided. Afternoon tea will be followed by some fun games with finishing time being 4.15pm.

PRIMARY DISTRICT SWIMMING
Mundubbera & District swimming carnival was held yesterday. Congratulations to our age champions:
- 9 years: Sophie Zipf & Jayden Williams/Ryan Marshall tie
- 10 years: Skye Ward & Joshua Sharp
- 11 years: Natalie Kassulke & Matthew Zipf
- 12 years: Jacy Kirdy & Jesse Darr.

Well done to Jacy Kirdy who set 2 new breaststroke records: open girls 100m of 1.36.24 and 12 years 50m of 45.07. We suggest that Jacy doesn’t go to the café for a couple days as these were Sharon Radke-Parr records.

Many thanks to staff and parents who gave up their time to help the carnival run smoothly. Special thanks to Patty Steel from Eidsvold who refereed for the day, giving students hints to improve their strokes and helping Mundubbera Swimming Club volunteers start their journey towards accreditation. We would also like to thank Gwen Colyer and Jessica Jones for supporting our organising team.

FUNDRAISER
Please have order forms and payment returned to the school office by tomorrow.
TONIGHT’S FINAL P & C MEETING FOR THIS YEAR
Members are reminded that this month’s P & C meeting is our final one for the year and will be held at the Royal Hotel tonight. Please arrive at 6pm to order and pay for your meal in readiness for the 6.30 dinner meeting. Should you not wish to participate in the meal component, we anticipate commencing the meeting agenda at 7pm. One of the items for discussion will be start times for future meetings to enable full participation by interested members. We will also discuss plans for next year’s activities. You are reminded that the first meeting next year will be the AGM at which a new executive committee can be elected. If you are interested in increased participation, please contact Loris 0429 654 012.

THE ORIGINAL TRELLIS COMPETITION
Build a fantastic, interesting or wild trellis from recycled materials. Take a photo of it and upload it to Facebook http://www.facebook.com/biedocommunitygardens
No age limits – entries due 7th of December. Drawn 10th December.
Prize: Australian Backyard Naturalist by Peter Macinnis
For more information contact Tamara: biedogarden@burnet.net.au Ph: 4157 2085

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thursday 15 November</td>
<td>Final P &amp; C meeting this year—6pm for 6.30 at Royal Hotel</td>
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<tr>
<td>Friday 16 November</td>
<td>Blue Do Day free dress fundraiser for Diabetes Foundation</td>
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<tr>
<td>Thursday 22 November</td>
<td>Centenary meeting at school library—6pm</td>
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<td>Thursday 22 November</td>
<td>Video Night — Heroes’ Journey for year 8 parents.</td>
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<td>Friday 23 November</td>
<td>Zone Primary Swimming Carnival</td>
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<tr>
<td>Thursday 29 November</td>
<td>Year 10 Formal</td>
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<tr>
<td>Friday 30 November</td>
<td>Final day for year 10 students</td>
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<tr>
<td>Thursday 6 December</td>
<td>Carols night at school</td>
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<tr>
<td>Monday 10 December</td>
<td>P-6 Fun swimming carnival</td>
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<tr>
<td>Friday 14 December</td>
<td>Last day of school 2012</td>
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<tr>
<td>6, 7 &amp; 8 September 2013</td>
<td>School Centenary Celebrations</td>
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SECONDARY ASSESSMENT—NEXT WEEK

Year 7  English assignment, SOSE oral, German Reflection & IT Multimedia assignment
Year 8  Music and German Reflection.
Year 9  English assignment (Miss O’K), P E Theory exam, SOSE mapping, IT Web Development and Drama Prac (Performing Arts)
Year 10 English Assignment, P E Theory, IT Web Development and Drama Prac (Performing Arts).
Australia Day Awards 2013

How to nominate:
Please complete the form and lodge at any of the six Council Administration Offices or post to the below address by **4:30pm on Friday, 30 November 2012.** (Australia Day Nominations, North Burnett Regional Council, PO Box 390, GAYNDAH QLD 4625)

Eligibility) All nominees must be a resident of the North Burnett at the time of nomination.

Citizen Of The Year Award
For a person who has made a valuable contribution to their community and / or given outstanding service to the community over a number of years.

To be eligible, the person must be 27 years or older on 26 January 2013.

Young Citizen Of The Year Award
For a young person who has made a valuable contribution to their community and / or given outstanding service to the community over a number of years.

To be eligible, the person must be 26 years or younger on 26 January 2013.

Community Event Of The Year Award
Presented to the person or group who has staged the most outstanding community event in their community during 2012.

Achievement Medallion - Senior Sports Award
For a person or group in their community who has made a noteworthy record of achievement in sport.

To be eligible, the person or group must be 18 years or older on 26 January 2013.

Achievement Medallion - Junior Sports Award
For a young person or group in their community who has made a noteworthy record of achievement in sport. To be eligible, the person or group must be 17 years or younger on 26 January 2013.

Achievement Medallion - Sports Administrator Award
For a person in their community who has made a noteworthy record of achievement in sport administration during 2012.

To be eligible, the person must be an Administrator, Coach or Sports Official.

Achievement Medallion - Senior Cultural Award
For a person or group in their community who has made a noteworthy record of achievement in cultural activities.

To be eligible, the person or group must be 18 years or older on 26 January 2013.

Achievement Medallion - Junior Cultural Award
For a young person or group in their community who has made a noteworthy record of achievement in cultural activities.

To be eligible, the person or group must be 17 years or younger on 26 January 2013.

Judging process
Nominations will be reviewed by the appointed judging panel. The judges’ decision is final and no correspondence will be entered into.

Award recipients
Award recipients will be announced at a ceremony during our Australia Day celebrations on Saturday, 26 January 2013.
Like us on Facebook @ Mundubbera State P10 to get the latest up to date information and news from the school.

Mundubbera Country Markets
in aid of the
A.G.L. Action Rescue Helicopter
Where: The Uniting Church Grounds
Stuart- Russell Street, Mundubbera
When: This Saturday 17th November
Time: 8:00am-12:00pm
Variety of stalls
Live music
Proceeds from
Site fees, BBQ, UCA Stall, Op shop, extra
goods donated and donations of money will
all be sent to the AGL rescue service!
For more information or to book your stall
contact Lloyd: 4165 3377 • Jan: 4165 4528

Mundubbera Junior Cricket
Training
Wednesdays 6pm to 7.30pm
Martin Love Oval
For more information, call Julie 4165 3130

Mundubbera Regional Art Gallery
Now Showing “Pieces of Labour”
by the Mundubbera Lemon Quilters

Gallery Open
Monday to Friday
10am to 12.30pm and 1.30pm to 4.30pm
Saturday 9am to 12 noon
Excepting public holidays

Check our webpage
https://mundubbess.eq.edu.au
for information and news from the school.

AUSTRALIAN GOVERNMENT MOBILE OFFICE
Visit the mobile office to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.
Near the Council Office Mundubbera
Wednesday 5 December
9.30am to 4.00pm

SECOND ANNUAL ART SALE
50 paintings by multi award winning artist
Sue Lederhose.
All reduced by 50% or more.
Great gift ideas.
Sale concludes 22 December
View by appointment at 20 Mahoney St,
Mundubbera. Phone 4165 4346
leaderhos@tpg.com.au
Special discounts for multiple buys and returning cus-
tomers

Mundubbera School
Carols Night
Thursday 6 December
Barbecue and Class Carols
Family Night out

Burnett Mapping
Business Centre
58 Lyons St, Mundubbera
Ph: 4165 4468 Fax: 4165 4614

NEW 3-D BOOKMARKS

Mundubbera Phone 4165 4180
Monday – Friday: 7am – 7pm. Saturday & Sunday: 7am – 4pm
Giving adolescents freedom and minimising risk

Young people typically want more independence. But giving young people more rope can be downright tricky for parents these days. Here are some ideas to help......

Adolescents usually want more freedom than parents are prepared to give. Most teenagers think they are three years older than they really are, and many parents think their teenage children are three years younger than they really are. Getting the ‘freedom’ balance right is obviously quite tricky, though it often comes with experience.

You are probably familiar with the fact that the teenage brain is very much a work-in-progress. Parents of teenage children should carry a little card with the words “Teenager: Brain under Construction” printed on it to remind them that young people are poor assessors of risk. Adolescents often act first, and think later. This means parents need to be very hands-on with their parenting in this potentially tricky stage.

It’s important that parents put processes in place that will help educate risk and keep their young people in this age group safe. These include: expecting teenagers to maintain contact with you; setting time limits for being out; and rewarding responsible behaviour with greater freedom. There are three things parents need to know when their young people go out:

1. Where are you going?
2. Who are you going with?
3. When will you be home?

From my experience most parents ask the first two questions, but often forget to ask the third question – When will you be home? Get into the habit of asking this question each time your adolescent steps outside the front door to go out with their peers.

Link greater freedom to responsible behaviour

Young people often use their peers as leverage when they want more freedom. “Everyone else in my class is allowed to go to...” This type of comment is hard for a parent to resist. But it’s better to link greater freedom with responsible behaviour rather than going along with what the crowd is doing. When adolescents show they can act safely within limits (of place, time and people) then push those limits out (stay out later, go further afield, go with a wider crowd) accordingly.

It takes some parenting steel to act in this way – that’s why parents generally need to support each other when raising teenagers.

Here are five simple parenting ideas to build independence in your young person:

1. Never do for a teenager the things they can do for themselves
2. Monitor kids’ movements without being too restrictive
3. Reduce risks for teenagers through skillling up & scaffolding
4. Build expectations around remaining in contact and home times
5. Reward responsible behaviour with greater freedom

Michael Grose Presentations PO Box 167 Balnarring Vic 3926 p +61 3 5983 1798 f (03) 5983 1722 e office@parentingideas.com.au